



Bernard Beat District VII

**The Bernard
BEAT**

—
COMMISSIONER
MACK BERNARD

DISTRICT 7



— ★ ★ ★ —

VETERANS DAY

★ HONORING ALL WHO SERVED ★



Commissioner Mack Bernard
District 7
Palm Beach County
Board of County Commissioners

Friends,

Every year on Nov. 11, our nation unites to observe Veterans Day, a day dedicated to expressing our gratitude and support for the brave men and women who have served in the armed forces. Whether on home soil or in distant lands, they have protected our freedoms and way of life, often through great personal sacrifice. We must honor these heroes for their courage and dedication in service to our great nation. Their sacrifices have made our country stronger and more secure. I want to express a heartfelt thank you to our vets for their immense contributions to our nation.

However, we must also acknowledge the physical and mental health challenges veterans may face long after their service. The U.S. Department of Veterans Affairs reports that in 2020, a staggering 6,146 veterans took their own lives. That translates to an average of 16.8 veterans lost every day. When adjusted for population, age and sex differences, the suicide rate among veterans was 57.3% higher than that of non-veteran U.S. adults. These statistics are a stark reminder that our veterans need our continued support, compassion and resources. Let's commit ourselves to ensuring veterans receive the comprehensive assistance and resources necessary to transition to civilian life.

As we come together to salute and recognize the bravery of our heroes on this Veterans Day, let their patriotism and selflessness serve as a source of inspiration for us all.

Sincerely,

Mack Bernard

Commissioner Mack Bernard

Palm Beach County, District 7

P.S.

You can email me anytime at mbernard@pbcgov.org. My staff will also gladly assist you; email Wilneeda Emmanuel at wemmanuel@pbcgov.org, Willie A. Miller, Jr. at wmiller@pbcgov.org or Parnell Auguste at pauguste@pbcgov.org.

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