



SACHS SENTINEL

★ Maria Sachs ★

PALM BEACH COUNTY VICE MAYOR
DISTRICT 5



We have so much to be thankful on Thanksgiving, especially this Thanksgiving. With conflict raging all around us, it is a time to pause and reflect and find the peace that comes from a place of empathy toward others.

There are many ways to give. Reach out to someone in your neighborhood who is lonely and in need of companionship, a helping hand, or a warm pumpkin pie. We are one family here in Palm Beach and the more we recognize our shared efforts, the more we will find empathy with each other.

Let us be thankful for our country, our freedoms, our faith, our family and always let's be thankful for each other.

Happy Thanksgiving Palm Beach!

Volunteer Opportunities

Palm Beach County Food Bank



We rely on our amazing volunteers daily to help with essential tasks, including sorting and packing food donations, preparing our weekend backpacks for schools, administrative work and more. We can only do our job of helping our community with the help of our amazing volunteers.

Volunteer opportunities are available Monday through Thursday from 9 a.m. to noon. and 1 to 4 p.m., and on Fridays, from 9 a.m. to noon.

For more information, visit pbccfoodbank.org or contact the volunteer coordinator at volunteer@pbccfoodbank.org or 561-670-2518 x 314.

The Soup Kitchen

Our volunteers make a difference in the lives of those in need. They are caring and loving individuals inspired to feed the hungry, give a drink to the thirsty and welcome a stranger. Whether cooking a meal, distributing or serving food, our volunteers bring our mission to life. We are grateful to have over 300 volunteers sharing our vision to enhance the lives of underserved people.



THE SOUP KITCHEN
FEEDING THE HEART, MIND & BODY

To learn more, visit thesoupkitchen.org/volunteers.

Homeless Coalition of Palm Beach County



**Homeless
Coalition**
PALM BEACH COUNTY

The Homeless Coalition of Palm Beach County operates a donation center at the Senator Philip D. Lewis Center. It serves as the collection point, and always needs dedicated volunteers to help sort and organize donations.

For more information, visit homelesscoalitionpbcc.org or contact Uwe Naujak at unaujak@homelesscoalitionpbcc.org or 561-904-7937.

New Fire Station at Lyons Road

Palm Beach County Fire Rescue is pleased to announce that the temporary facility for Fire Station 49 is now operational. The station, located at [12555 Lyons Road](#) in Boynton Beach, is in service and is equipped to respond to emergencies within the designated zone and assist neighboring stations with emergency responses. Rescue 49 will be staffed with a station captain and two paramedics.



The temporary station opening ceremony and groundbreaking are expected to be held in the spring of 2024 as Fire Rescue develops the permanent station.

Committee Reports

Vice Mayor Sachs: Chair,

**Tourist Development Council
Sports Commission**



Palm Beach Sports Commission Upcoming Events



November 30- December 3, 2023
International Rush Cup
The Gardens North County District Park

The International Rush Cup is Rush Soccer's most elite event. As part of the Rush Cup and Showcase Series, the International Rush Cup brings together some of the best and most unique teams from around the world. Taking place in our high-class facilities across the county, the International Rush Cup is sure to experience the best part of bringing your game to the Palm Beaches.



November 30- December 3, 2023
Delray Beach Pickleball Classic
Delray Beach Tennis Center

The Delray Beach Pickleball Classic is a 4-day event at the Delray Beach Tennis Center in Delray Beach, FL. Amateur competitors from a multitude of "skill" levels are featured in this tournament. This event also featured several professionals in the sport. A total of nearly 850 youth and adult pickleball players participated in this event last year, cementing the Palm Beaches as a premier destination for leisure and competitive pickleball.



December 1-3, 2023

Elite Prospects AA Premium Tournament
Palm Beach Skate Zone

The Elite Prospects Cup Series (EPCS) was founded in 2022 by Elite Prospects, in partnership with SuperSeries AAA. The EPCS was formed with the goal of providing its member organizations with a unique and memorable experience as hosts of a highly competitive, AAA-level youth ice hockey series. This series features teen hockey club teams with storied hockey pasts competing across the US and making their way to the Palm Beaches to showcase their skills on the ice.



December 1-6, 2023

"Little Mo" Internationals in Florida Palm Beach Gardens Tennis & Pickleball Center

Welcome to the 17th Annual "Little Mo" Internationals in Palm Beach Gardens, Florida. This youth tennis tournament will feature both boys and girls in 5 different age groups (12u, 11u, 10u, 9u, and 8u). The tournament includes singles, doubles, and mixed doubles competitions for each age group. A total of 25 tennis courts will be utilized, and International Tennis Federation (ITF) rules will apply. With approximately 500 athletes from more than 60 countries expected to compete this year, top youth tennis talent is sure to grace the Palm Beaches and their patrons.

Vice Mayor Sachs: Chair of the Solid Waste Authority



A banner with a background of autumn leaves and a dark wood texture. On the left is the SWA logo. On the right is a yellow button that says "LEARN MORE".

Thanksgiving Day Garbage Collection

There will be no garbage and recycling pick-up on Thursday, Nov. 23, in unincorporated Palm Beach County.

Garbage, recyclables, yard waste and bulk waste will not be collected on Thanksgiving Day, Thursday, Nov. 24, for residents living in unincorporated Palm Beach County. Waste collection for unincorporated residents impacted by the holiday will resume on their next regularly scheduled service day:

- Garbage collection: Monday, Nov. 27
- Recycling, yard waste and bulk waste collection: Thursday, Nov. 30

Recycle Used Cooking Oil



Palm Beach County Residential Disposal Only.
For commercial disposal, call 561-687-1100.



Fried turkeys are a Thanksgiving treat, but that used cooking oil? Not so much. Fortunately, Palm Beach County residents can recycle their used cooking oil for free. Cooking oils accepted include canola, corn, olive, peanut and vegetable oils and lard.

For more information on recycling cooking oil, visit swa.org/cookingoil.

Rabbis' Roundtable

Palm Beach County is experiencing a large influx of Jewish organizations wanting to make our County their home. Finding the right location for Chabads and Jewish Day Schools has been a challenge. It will be important for us in the County to assist these new congregations in finding the appropriate locations for our new residents.

For this reason, I invited a number of Rabbis, as well as Heads of organizations to meet directly with the Directors of County Departments. It is only the beginning of a conversation. I am committed to working with our newest neighbors and welcoming them to new homes.



left to right- Rebbetzin Matusof, Rabbi Aharon Matusof, Cheder Chabad; Jonathan Brown, PBC Housing & Economic Development Director; Vice Mayor Maria Sachs; Patrick Rutter, PBC Assistant County Administrator; Rabbi Yossi Schapiro, Chabad West Delray; Jeff Zirulnick, CEO of JARC; Whitney Carroll, PBC Planning, Zoning and Building Director



left to right- Rabbi Aharon Matusof, Cheder Chabad; Jonathan Brown, PBC Housing & Economic Development Director; Vice Mayor Maria Sachs; Patrick Rutter, PBC Assistant County Administrator; Whitney Carroll, PBC Planning, Zoning and Building Director; Rabbi Yossi Schapiro, Chabad West Delray; Danielle Hartman, CEO of Ruth Rales Jewish Family Service

Farmers Roundtable Meeting

The importance of agriculture in Palm Beach County is paramount. In order to promote agriculture, we need to listen to our farmers and seek to address their needs. For this reason, I assembled our core group of legacy farmers to meet with the State Commissioner of Agriculture, Wilton Simpson. Commissioner Simpson, a farmer himself, listened to a candid discussion of the struggles of our legacy farmers. It is forums such as these that will best serve the unique needs of farming in Palm Beach County.



left to right- Jason McCobb, Owner of Farmer Jay Pure Organics; Peter Pero, President of Pero Farms; Jason Kraff, Business Associate at Farmer Jay Pure Organics; Dick Bowman, President of Beefy Tree Farms; Vice Mayor Maria Sachs; Wilton Simpson, State of Florida Commissioner of Agriculture; Geoff Sluggett, Geoffrey Sluggett & Associates; Mary McNicholas, Geoffrey Sluggett & Associates; John Hundley, President of Hundley Farms; Keith Wedgworth, VP of Wedgworth Farms; Roland Yee, President of Yee Farms; Cooper Hopkins, Hundley Farms; Eric Hopkins, Sr. VP Hundley Farms

Community Events



THE PALM BEACHES FLORIDA

Affair of the Arts

Saturday, Nov. 25 and Sunday, Nov. 26

10 a.m.-5 p.m.

[12100 Forest Hill Blvd.](#)

[Wellington 33414](#)

The two-day event celebrates the talent and creativity of artists and crafters. Kickstart holiday shopping, as you explore and appreciate the outstanding craftsmanship on display.

Palm Beach Holiday Boat Parade

Saturday, Dec. 2

[1208 US Highway 1 North Palm Beach 33408](#)

A spectacular event that lights up the night sky along the Intracoastal Waterway from the North Palm Beach Marina to Jupiter. Boats adorned with dazzling lights and festive decorations create a magical procession, with surprises along the way.

Palm Beach Food and Wine Fest

Thursday, Dec. 7 through Sunday, Dec. 10

From a specialty chef welcome party to celebrity Food Network stars grillin' and chillin' poolside, and from comfort food to five-course dinners with premium wine pairings and master sommelier, this four-day foodie festival is sure to please.

Boynton Beach Holiday Parade

Friday, Dec. 8, at 6.30 p.m.

[735 Casa Loma Blvd. Boynton Beach 33435](#)

The annual holiday boat parade is perfect for seeing participating boats of all sizes adorned with lights, decorations, holiday displays, carolers and more.

For more information on upcoming events, visit thepalmbeaches.com/events.



Green Cay Nature Center

[12800 Hagen Ranch Road](#)
[Boynton Beach 33437](#)

Reptiles & Amphibians: Tenacious Turtles

Saturday, Nov. 25, 10 a.m.

All ages, \$5/participant (Reservations required, limit 20)

Join a naturalist as we learn about Florida's reptiles and amphibians, followed by a guided tour.

Animal Encounters

Saturdays, 10:15 a.m.

Families/all ages, FREE (No reservations required)

Night Stalkers

Wednesday, Nov. 29, 6 p.m.

Ages 9+, \$5/participant (Reservations required, limit 20)

Join a naturalist on a nighttime boardwalk tour looking at nature from the point of view of its nocturnal residents. Flashlights are recommended but not required.

Reptiles & Amphibians: Amazing Alligators

Saturday, Dec. 9, 10 a.m.

All ages, \$5/participant (Reservations required, limit 20)

Join a naturalist as we learn about Florida's reptiles and amphibians followed by a guided tour.

**Canyon Amphitheater
at Canyon Town Center**

[8802 Boynton Beach Blvd.](#)

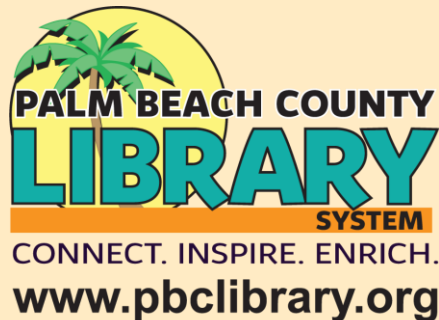
[Boynton Beach](#) 33472

Legends on the Lawn: North 40

Saturday, Dec. 16, 7 p.m.

A free live music event series. Lawn chairs and blankets are welcome. The event is free to the public. [Legends FAQs](#).

All programs are by online reservation only unless otherwise stated. Please register online at www.pbcparcs.com; under "Online Services" click on Register/Pay for program or visit the nature center to register and make payment. All participants are required to sign a Program Participation Form before each program.



Glades Road Branch

[20701 95th Ave.](#)

[Boca Raton 33434](#)

Tech Talk: One on One

Thursday Nov. 30, 10 a.m.-noon

Library staff can help you improve your computer skills and assist you with your phone, laptop or tablet. Registration required

Yoga and Relaxation

Thursday Nov. 30, 6-7 p.m.

Learn how to establish a practice through Yoga postures, conscious breathing and proper relaxation that can bring you good health, a flexible body and decrease stress. Bring your yoga mat and any yoga props to help you in your poses. The first 15 minutes of this Yoga class includes information about Yoga, relaxation and breathing techniques.

Wrap it up! Workshop

Sunday Dec. 3, noon-2 p.m.

Learn tips for wrapping gifts and get your gift wrapping done in one go! Designed for adults with learning and intellectual disabilities.

West Boynton Branch

[9451 Jog Road](#)
[Boynton Beach 33437](#)

Bouncing Baby

Tuesday, Nov. 28, 10:30-11 a.m.

Exposure to language through rhythm, rhyme, stories and songs. Ages 0-13 mos.

Wiggling Walkers

Wednesday, Nov. 29, 10:30-11 a.m.

Interactive early literacy experience featuring props, songs, fingerplays and stories. Ages 13-36 mos.

Library for Everyone

Saturday, Dec. 2, 11-11:45 a.m.

An adaptive programming experience with stories, songs, movement, and a sensory-focused craft. Ages 12 & up. (45 min.)

West Boca Branch

[18685 State Road 7](#)
[Boca Raton](#) 33498

Speakeasy Studio: Galaxies and Gimlets

Tuesday, Nov. 28, 2-3 p.m.

Art meets mixology! Make a masterpiece as you enjoy a mocktail. This month create a galaxy-inspired painting and a cucumber 'fib-let'. Registration required.

Quilling for Kids: Snowman Gift Tag

Saturday, Dec. 2, 2:30-3:30 p.m.

Learn the basics of quilling then apply your skills to make a snowman to add to a gift tag. Ages 8-12.

Family Storytime

Sunday, Dec. 3, 12:30-1p.m.

Stories, fingerplays, and songs for kids and their families. Ages 2-6.

Hagen Ranch Road Branch

[14350 Hagen Ranch Road](#)
[Delray Beach 33446](#)

Non-Fiction Book Club

Tuesday, Nov. 28, 2-3:30 p.m.

Discuss memoirs, biographies, true crime, histories, and other non-fiction genre titles in the Non-fiction Book Club. November's book is Little Panic by Amanda Stern.

Registration required.

Staying Safe Online

Wednesday, Nov. 29, 2-3:15 p.m.

Learn how to protect your personal information online, recognize and minimize spam emails, and manage privacy settings on browsers and social media websites.

Registration required.

Holiday Card Social

Thursday, Nov. 30, 10 a.m.-noon

Make holiday cards while enjoying music and good company.

[Click here](#) for more information or to register for an event.

Dear Commissioner



Where can I donate food during the holidays to help the less fortunate?

You can make donations to The Homeless Coalition of Palm Beach County and the Palm Beach County Food Bank.

The Homeless Coalition provides meals and services for the homeless in Palm Beach County. For more information, visit homelesscoalitionpbc.org.

Palm Beach County Food Bank works collectively with other stakeholders addressing issues of hunger in Palm Beach County. You can help donate food directly through this link pbcfoodbank.org.

??? Thanksgiving Trivia Question???

- **What year did "A Charlie Brown Thanksgiving" debut on television?**

Stay tuned; the answer will be in the next Sachs Sentinel.



***Please feel free to call our office with any questions.
561-355-2205***

[Visit our website](#)

Vice Mayor Maria Sachs | Palm Beach County Board of County Commissioners | District 5

Commissioner Maria Sachs | 301 N. Olive Avenue, West Palm Beach, FL 33401