



January 22, 2022

SKIDMORE SCOOP

OFFICIAL PUBLICATION OF HOUSE DISTRICT 81

NATIONAL
**BLOOD
DONOR**
MONTH



January is National Blood Donor Month

To learn more about blood donation, click [HERE](#).

Free At-Home COVID-19 Test Kits

Free at-home COVID-19 tests

Every home in the U.S. can soon order 4 free at-home COVID-19 tests. The tests will be completely free—there are no shipping costs and you don't need to enter a credit card number.

Ordering begins January 19.

Testing is an important tool to help mitigate the spread of COVID-19. Public health experts and the Centers for Disease Control and Prevention recommend that Americans use at-home tests if they begin to have symptoms, at least five days after coming in close contact with someone who has COVID-19, gathering indoors with a group of people who are at risk of severe disease, or are unvaccinated. To help ensure Americans have tests on hand if a need arises, the Federal government is providing rapid COVID-19 tests to Americans for free. Tests will be available for order beginning on January 19th and will be mailed directly to residents. The initial program will allow four free tests to be requested per residential address and tests will typically ship within 7-12 days of ordering. In addition, starting January 15th, private health insurance companies are required to cover at-home COVID-19 tests for free. For more information or to order free test kits, click [HERE](#).



THIS WEEK...

- Free COVID-19 Test Kits
- Tallahassee Tracker
- Online Safety Kit
- Property Appraiser Scholarship
- Palm Beach County Events
- Library Corner

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