

# PAD PERIPHERAL ARTERY DISEASE



September is **National Peripheral Arterial Disease Awareness Month!**

Do you have LEG PAIN? You may be at risk for Peripheral Arterial Disease.

Approximately 8 million people in the United States have Peripheral Arterial Disease (PAD), including 12-20% of individuals older than age 60.

Risk factors include: Smoking, Diabetes, Obesity, Age >55, Hypertension, High Cholesterol, Family History of CAD, PVD or Stroke, Coronary Artery Disease (CAD).

## PAD Symptoms:

Pain or cramping in the buttocks, thighs or calves when walking

Leg fatigue or heaviness

Pain in the feet while at rest

Numbness or tingling in the legs or feet

Burning or tingling in the feet

Loss of hair on the feet or toes

Coldness in the lower legs or feet

Weak pulse in the legs or feet

Ulcers or sores in the legs and feet

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[CLICK HERE TO WATCH JOSEPH RICOTTA, MD'S PAD MESSAGE](#)

Delray Medical Center provides comprehensive patient care for the diagnosis, management, treatment and prevention of vascular diseases (diseases of blood vessels) and thrombotic (blood-clotting) disorders, as well as care of complex vascular wounds.

Examples of diseases treated at Delray Medical Center include arterial disorders such as carotid artery stenosis, aortic aneurysms and peripheral arterial disease as well as venous disease such as varicose veins and venous ulcerations, in addition to clotting disorders that lead to blood clots in the legs (deep vein thrombosis) or lungs (pulmonary embolism).

Delray Medical Center's highly trained physicians and nurses utilize state-of-the-art equipment such as a vascular diagnostic lab, endovascular suites for routine and complex interventional procedures, a hybrid operating room and a dedicated wound care center to diagnose and treat patients.

Click on the button below to watch a very informative lecture on PAD from Joseph Ricotta, MD, National Medical Director of Vascular Surgery and Endovascular Therapy. Learn about the signs, symptoms and treatment options!

[CLICK HERE TO WATCH THE PAD SEMINAR](#)



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