









## healthy conversations

## UPCOMING EVENTS



**Common Elbow Injuries** Wednesday, May 1 • 1pm Sue Platis, ORT, CHT Weisman Community Center | Ruth & Norman Rales JFS 7091 W. Atlantic Ave., Delray Beach



Can the Right Foods Keep Us Healthy? Wednesday, May 22 • 10am Hillel Harris, MD, FACEP, FACCM, Emergency Medicine The Duncan Center | 15820 S. Military Trail, Delray Beach



**My CPAP Treatment** Thursday, May 2 • 10am Wilma Cavallaro, RPSGT, Sleep Lab Coordinator South County Civic Center | 16700 Jog Road, Delray Beach

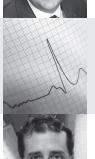


Atrial Fibrillation Wednesday, May 22 • 1pm Yoel Vivas, MD, Cardiology/Electrophysiology Weisman Community Center | Ruth & Norman Rales JFS 7091 W. Atlantic Ave., Delray Beach

**Heart Matters Screening** 



**Hurricane Preparedness** Wednesday, May 8 • 1pm Lisa Andrews, MS, RRT-NPS Weisman Community Center | Ruth & Norman Rales JFS 7091 W. Atlantic Ave., Delray Beach



& Stroke Risk Assessment Thursday, May 23 • 8am-10am Free Blood Pressure, Cholesterol, Glucose, Triglycerides, LDL, HDL & BMI, plus stroke risk assessment Delray Medical Center Lobby | 5352 Linton Blvd., Delray Beach



Joint Replacement Wednesday, May 15 • 1pm Richard Zavoyski, MD, Orthopedic Surgeon Weisman Community Center | Ruth & Norman Rales JFS 7091 W. Atlantic Ave., Delray Beach



**2019 Cardiac Prevention Guidelines** Wednesday, May 29 • 2pm Steve Cohen, MD, Cardiology Weisman Community Center | Ruth & Norman Rales JFS 7091 W. Atlantic Ave., Delray Beach



**Better Breathers Club** Thursday, May 16 • 1pm Guest Speaker: Mary Matos, RRT, COPD Navigator The Duncan Center | 15820 S. Military Trail, Delray Beach



**Joint Replacement** Monday, June 3 • 3pm Pedro Piza, MD, Orthopaedic Surgery Hagen Ranch Library | 14350 Hagen Ranch Rd., Delray Beach



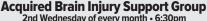
Surgical Weight Loss: Is it Right For You? Monday, May 20 • 6pm Diane Schofield, RN, CBN, CDE Bariatric Program Coordinator Delray Medical Center Lobby | 5352 Linton Blvd., Delray Beach



When A Common Household **Injury Needs Wound Care** Wednesday, June 5 • 1pm Laurel Smith, RN and Margaret Goldberg Weisman Community Center | Ruth & Norman Rales JFS 7091 W. Atlantic Ave., Delray Beach



**Prostate Cancer Support Group** 1st Wednesday of every month • 7pm Lawrence Yore, MD and Emanuel E. Gottenger, MD, Urologists Delray Medical Center at Fair Oaks Pavilion



2nd Wednesday of every month • 6:30pm Led by Dr. Lee H. Bukstel

Pinecrest Rehabilitation Hospital | 5360 Linton Blvd., Delray Beach • Walk-ins Welcome





