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## Alliance of Delray Donates 127 Pairs of Non-Slip Socks for Palm Beach County Fire Rescue's "Socks for Seniors" Drive



Photo left to right: Susie Zuckerman, Director; Norma Arnold, VP; John Gentithes, President's Assistant; Lori Vinikoor, Exec. VP; Lauren Young & Chief Mike Amelung of PBCFR

Join Delray Medical Center and the Alliance of Delray for an Extensive

# WELLNESS SCREENING

# EXPO



**Friday, February 1, 2019**

South County Civic Center  
16700 Jog Road, Delray Beach | 8am-12pm

### Complimentary Screenings Include:

- ▶ Blood Pressure
- ▶ Body Mass Index / Obesity Screening and Counseling
- ▶ Bone Density and Osteoporosis
- ▶ Complete Heart Health Screening Including: Cholesterol, Triglycerides and Glucose (Diabetes) – Fasting Required
- ▶ Fall Prevention - Balance, Body Mechanics and Ergonomics
- ▶ Memory Screenings
- ▶ Nutrition
- ▶ Pulse Oximetry
- ▶ Vision - provided courtesy of Walmart

**Flu, Shingles, Pneumonia and Tetanus Shots** —  
Provided courtesy of Walmart.\* Shots administered  
by Walmart Pharmacists.

### Health Information and Literature from Delray Medical Center's:

- ▶ CareSpot Urgent Care
- ▶ Comprehensive Stroke Center and Neuroscience Program
- ▶ DMC Imaging
- ▶ ER / Trauma Center
- ▶ Fair Oaks Pavilion
- ▶ Falls Prevention Program
- ▶ Pinecrest Rehabilitation Hospital
- ▶ Suite Dreams Sleep Disorder Center
- ▶ Surgical Weight Loss Program
- ▶ Transcatheter Therapies
- ▶ Valve Clinic
- ▶ Vascular Surgery and Endovascular Therapies
- ▶ Watchman
- ▶ Wound Treatment Center

### Ask the Doctor:

The following Specialists will be available to answer  
your healthcare questions:

- |                    |                     |                        |
|--------------------|---------------------|------------------------|
| ▶ Cardiology       | ▶ Internal Medicine | ▶ Podiatry             |
| ▶ Dentistry        | ▶ Nephrology        | ▶ Surgical Weight Loss |
| ▶ Dermatology      | ▶ Neurosurgery      | ▶ Urology              |
| ▶ Endocrinology    | ▶ Orthopaedics      | ▶ Vascular Surgery     |
| ▶ Gastroenterology | ▶ Pain Management   |                        |
| ▶ Geriatrics       | ▶ Plastic Surgery   |                        |

### Medication Safety Questions:

Ask the Pharmacist

Get **Your File of Life** or **Yellow Dot Kit** from  
our Emergency Services Department

**OPERATION PILL DROP** — Provided by PBSO  
Drop off your unwanted prescription drugs.

\* Cost to be billed to your insurance.

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Appointments Required for Heart Health Screenings  
and Blood Work. Fasting is Necessary.





### Sober Homes Discussed at December Meeting

The December meeting of the Alliance provided a Homeowner and Condominium Association legislative and case law update for the Membership and the invited public. Included was an update on handling sober living houses or "sober homes" in community associations. In the situation of sober homes, there can be multiple unrelated individuals living in a single family residence. Because recovering addicts are classified as disabled individuals, the residence is protected under the Federal Fair Housing Act. The goal of the sober home is to have recovering addicts live in a group setting where they receive support from other recovering individuals living in the home, thereby decreasing the likelihood of relapse among the residents.

Being proactive is the best way to manage group homes that are protected under the Federal Fair Housing Act. Successfully managing the screening process for rental and sale applications and conducting background checks on applicants is important. Nuisances such as noise and littering both of which are clear violations of the documents should be swiftly addressed. Most importantly, a community association must uniformly enforce the rules and governing documents throughout the entire community. For example, if a group home receives a violation letter because one of its residents is sitting in the front yard tossing bottles or cigarette butts on the lawn, so too should the single family home resident receive a letter if guilty of the same infraction.

### SAVE THE DATE 2019 Nostalgic Expo Presented by

The Alliance of Delray &  
Nostalgic Magazine

Date: Thursday, February 21, 2019

Place: South County Civic Center  
16700 Jog Road, Delray Beach 33446

Time: 9 AM to 2 PM

Cultural - Educational - Travel - Health &  
Wellness - Financial - Cuisine

### Penny Surtax Update

The "one penny sales tax" is to be allotted to Palm Beach County infrastructure, updating of technology, and the school district. The planned projects timeline extends out to fiscal year (FY) 2027. 126 million dollars in Park and recreation projects is being allotted and of that, the sum of 96 million dollars is required for renovations and the sum of 30 million dollars is allotted for backlogged facilities. Old playgrounds, picnic pavilions, lighting replacement, pools and restrooms, and old boat ramps will be replaced.

Palm Beach County has 300 bridges and nearly one-third of the bridges are more than 40 years old. Modifications to the Barwick Road bridge which crosses over the Lake Worth Drainage District (LWDD) Canal are expected to be completed during FY 2024. The bridge on Smith Sundry Road which spans the LWDD canal and has a life span of 50 years is currently 51 years old. Modifications to this bridge are estimated to be \$600,000.

Palm Beach County maintains over 3400 miles of roadways. Resurfacing and re-striping El Clair Ranch Road from Atlantic Avenue to Boynton Beach Boulevard is one of the many projects included in the planned revitalization of approximately 2500 lane miles of County roadways. Signal modifications and upgrades are included in the One Penny Sales Surtax Project Plan. These include those signals located at Atlantic Avenue and Military Trail and Atlantic Avenue and Hamlet Drive, with each of these projects having an estimated cost of \$400,000.

Several government buildings will be renewed to some extent including the South County Administrative Complex which will undergo redevelopment in FY 2020 with an estimated cost of \$6,000,000.

### USPS Working to Mitigate Issues at Delray West Post Office

Thanks again to Congresswoman Frankel for assisting the Alliance. The following improvements are currently in progress:

- Re-striping of the parking lot has been requested and approved
- Multiple bids for tree trimming and general landscaping are pending
- Multiple bids for power washing of the exterior of the building and parking area are pending

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Palm Beach County Property Appraiser

**Did you know a homestead exemption  
can lower your property taxes?  
An assessment savings up to \$50,000.**

The Palm Beach County Property Appraiser's Office is taking applications for Homestead Exemptions for the 2019 tax year.

#### In order to qualify, you must:

- ✓ Hold title to the property as of January 1, 2019
- ✓ Be a permanent resident of the State of Florida as of January 1, 2019

#### Additional items that apply to you:

1. Social Security Number of all property owners who are applying and spouse.
2. A valid Florida driver's license or ID.
3. A valid Florida vehicle registration or Florida voters' registration. (Voting address must match homestead.)

For more information, go to the Property Appraiser's Public Access (PAPA) website, [www.pbcgov.com/papa](http://www.pbcgov.com/papa) or contact us at **561.355.2866**.

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### DELRAY SENIOR EXPO

Senior Lifestyle & Healthcare Expo 2019

**SOUTH COUNTY CIVIC CENTER**

**16700 JOG ROAD (Just South of Linton)**

**- Across from the Morikami Museum -**

**MONDAY, MARCH 4TH, 2019**

**9:30AM TO 2:00PM ~ OPEN TO THE PUBLIC**

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