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Left Photo: Pinball Museum Great Fun!
Location: 19 NE 3rd Ave. Delray Beach 33483

Photo Below: Florida Sandhill Cranes, a threatened species, in Alliance member community located in the Agricultural Reserve



DELRAY MEDICAL CENTER'S COMPREHENSIVE STROKE CENTER

2 THINGS MATTER WHEN A STROKE HITS:

WHERE YOU GO, AND HOW FAST YOU GET THERE.

When a stroke occurs, where you go for treatment can make a difference.

As one of the few designated **Comprehensive Stroke Centers** in our region, the experienced team at **Delray Medical Center** works around the clock to treat all strokes and stroke-like symptoms quickly to minimize the potential damage to the brain during stroke.

TIME MATTERS.

To learn more about stroke and how to respond, call **844.853.3176**

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f t



August 15, 2018

Board of County Commissioners
as the Solid Waste Authority
Administration
7501 N. Jog Road
West Palm Beach, FL 33412

Re: Proposed changes to contract for trash removal

Dear Solid Waste Authority Board Members:

Since a Call to Action to the Membership earlier this month, the Alliance of Delray Residential Associations has received hundreds of e-mails regarding the proposed changes to the current trash collection process. These responses overwhelmingly oppose any change to the frequency of trash removal; trash pickup must continue twice weekly.

Further, larger trash cans with rollers will not compensate for a less-frequent hauling, but will exacerbate any current vermin or odor issues. With regard to handling of the 96 gallon containers, smaller trash cans would not serve the needs for a household's weekly accumulation.

Palm Beach County has lush vegetation that requires frequent, extensive trimming. The amount of yard waste currently allowed to be placed at curbside is based on that understanding and must remain the same. If decreased, property owners will need to warehouse trash and yard debris causing potential fire hazards and pest infestation.

Trash removal is a necessity, not a luxury for those that require certain health, wellness, and hygiene supplies vital to their daily physical needs which must be cleared from the home frequently.

Please consider these points in formulating a new garbage hauling contract and maintain the current frequency and features that are vital to our residents.

Thank you.

Sincerely,
Bob Schulbaum
Bob Schulbaum, President

**Trash Issue to be discussed at Public Meeting on Wednesday,
August 29, 2018. The Alliance will be there. You can be heard as well!
SWA: 7501 N. Jog Road, West Palm Beach, FL 33412**

HEALTH TIP: Does Your Bicycle Helmet Fit Properly?

- 1. SIZE:** Try on several different helmets before you buy. The best way to gauge comfort and fit is through comparison. The helmet should fit comfortably all around your head. For a snug and secure fit, use additional pads.
- 2. STRAP:** Pay attention to the chin strap and clasp. Make sure that the chin strap fits snugly and comfortably. The helmet should not shift or wobble on your head.
- 3. STRAIGHT:** Know how a helmet should fit. A helmet is meant to be worn low on the forehead, just above your eyebrows. Look into a mirror or have a friend or parent help you determine the proper fit.
- 4. STICKER:** Look for Snell Certification. Snell Memorial Foundation is a not-for-profit organization that independently tests helmets for safety. Snell standards are the most stringent in the world, exceeding those set by the ASTM & ANSI.

REMEMBER! Once you select a helmet, wear it correctly every time you ride a bike!

PHONE SQUAD VOLUNTEERS NEEDED
SEE VP NORMA ARNOLD AT THE MEETING

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